

**Name: Adrian Campbell**

**Job title:** Exercise Physiologist.

**Job Description:** Provide physiological support to the Olympic Development and Transitional squad sailors, including fitness testing, training prescription and monitoring, nutritional support, research.

**How and why did you get involved with Skandia Team GBR:** I wanted to work in the applied world of sports science and at the top end of performance/elite level sport. I love sports and want to be part of a successful Olympic sport

**Born:** Caerphilly, Wales

**Currently living:** Portsmouth.

**What do you sail:** Windsurf.

**Other interests:** All sports and travel

**What does it mean to you to be part of Skandia Team GBR?** Pride, passion and dedicated to winning.