

Name: Mark Rushall

Job title and job description : Sonar Coach

How and why did you get involved with Skandia Team GBR:

I had worked in the marine industry (boatbuilding, retailing, mast making, sail making) for 30 years and was looking for newer challenges. I approached the RYA and immediately got involved in the youth programme (still am) and then got asked by Stephen Park to join the Paralympic programme.

DOB: 15 March 1958

Born: Rugby

Currently living: Emsworth

What do you sail: Dinghies, skiffs, sportsboats, keelboats. But mostly ribs at the moment!

Sailing Club: Castaways, Emsworth SC, Hayling Island SC

Other interests: Mountain biking, skiing, cruising and picnics, cricket (listening to)

What does it mean to you to be part of Skandia Team GBR?

Being able to contribute to the success of the country's best elite sports programme.