

TEAM PROFILE

Megan Pascoe

VITAL STATISTICS...

Name:	Megan Pascoe																
Class:	2.4																
Position:																	
DOB:	29 November 1986																
Born:	Shoreham by sea																
Currently Living:	Ardingly, West Sussex																
Started Sailing:	In an Optimist when I was 8																
Duration in current class:	5 years																
Name of Sailing Partner:																	
Greatest Strengths in Sailing:	Never giving up, loving sailing, natural ability																
Greatest Weakness in Sailing:	Don't like losing																
Biggest Goal:	To be the best 2.4 sailor in the world																
Who has been the most influential person in your sailing career:	My parents																
Other interests away from sailing:	Psychology and swimming																
Personal sponsors:	Little Britain Challenge Cup																
Sailing Career to date:	<table border="0"> <tr> <td>2008 Semaine Olympique Francaise</td> <td>6th</td> </tr> <tr> <td>2008 Rolex Miami OCR</td> <td>7th</td> </tr> <tr> <td>2007 IFDS Worlds</td> <td>6th</td> </tr> <tr> <td>2007 2.4mR Worlds</td> <td>20th</td> </tr> <tr> <td>2007 Rolex Miami OCR</td> <td>5th</td> </tr> <tr> <td>2007 Semaine Olympique Francaise</td> <td>6th</td> </tr> <tr> <td>2006 IFDS Worlds</td> <td>6th</td> </tr> <tr> <td>2005 IFDS Worlds</td> <td>5th</td> </tr> </table>	2008 Semaine Olympique Francaise	6 th	2008 Rolex Miami OCR	7 th	2007 IFDS Worlds	6 th	2007 2.4mR Worlds	20 th	2007 Rolex Miami OCR	5 th	2007 Semaine Olympique Francaise	6 th	2006 IFDS Worlds	6 th	2005 IFDS Worlds	5 th
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MEET THE SAILOR...

1. What is the toughest part of your sport?	Has to be the mental part as it is not a physical boat it is just continuously thinking about where I'm going
2. Describe your training regime.	I spend most weekends on the water and ten hours in the gym training
3. What is your greatest ever achievement in your sport?	Silver medal in Miami OCR 2007. It was a big step and showed me I could achieve anything
4. What are your aims / goals for 2008?	If I get selected to go to Beijing it would be to get a medal
5. Who will provide the toughest competition?	The French, Dutch, Germans and Norwegians could all win a medal but obviously so can us Brits.

6. Have you had any embarrassing moments during training or competition?	Probably falling in the water in Denmark but at least it was warm
7. Who is your sporting hero?	I don't really have one.

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