

# TEAM PROFILE

# Giles Scott

## VITAL STATISTICS...

Name:	Giles Scott
Class:	Finn
Position:	Helm
DOB:	23 June 1987
Born:	Huntingdon
Currently Living:	Southampton
Started Sailing:	Aged 6
Duration in current class:	8 Months
Name of Sailing Partner:	
Greatest Strengths in Sailing:	Race recovery
Greatest Weakness in Sailing:	Being a bad loser
Biggest Goal:	To Gold at 2012
Who has been the most influential person in your sailing career:	Mum and Dad
Other interests away from sailing:	Windsurfing, socialising
Personal sponsors:	Skandia
Sailing Career to date:	<p>2008 Princess Sofia Trophy 10<sup>th</sup>                  2008 - Finn World Junior Champion                  2008 - Finn Gold Cup, Melbourne - 14<sup>th</sup>                  2007 - ISAF Finn World Sailing Games - 14<sup>th</sup>                  2007 - Finn National Champion                  2007 - Hyeres Finn international regatta - 9<sup>th</sup>                  2007 - Finn Palma International regatta - 13<sup>th</sup></p> <p>2006 - Laser Senior Worlds – 7<sup>th</sup>                  2006 - Under 21 World Champion – 7<sup>th</sup>                  2006 - Laser British Ranking Ladder - 2<sup>nd</sup>                  2006 - Winner: RYA national 'Achievement in Youth Sailing Award'</p> <p>2005 - Winner: RYA national 'Achievement in Youth Sailing Award'</p> <p>2005 Laser Youth World champion</p> <p>2005 15th Laser Senior Europeans</p> <p>2005 20th Laser Senior Worlds</p> <p>2006 7th Laser Senior Worlds</p> <p>2007 14th Finn ISAF Worlds</p>
Personal website:	<a href="http://www.gilesscott.com">www.gilesscott.com</a>



## MEET THE SAILOR...

1. What is the toughest part of your sport?	The number of changing variables
2. Describe your training regime.	Weights 3 times a week, as well as cycling sessions - varying in length, and sailing as many days as possible
3. What is your greatest ever achievement in your sport?	7th at senior Laser Worlds
4. What are your aims / goals for 2008?	Top 15 at Worlds
5. Who will provide the toughest competition?	
6. Have you had any embarrassing moments during training or competition?	Snapping my mast on the shingles and having to be towed in by Ben Ainslie
7. Who is your sporting hero?	

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